

QUEENSLAND FEMALE PELVIC FLOOR QUESTIONNAIRE

Incomplete bowel evacuation Do you have the feeling of incomplete bowel emptying? 0 Never 1 Occasionally – less than 1/week 2 Frequently – more than 1/week 3 Daily	Obstructed defecation Do you use finger pressure to help empty your bowel? 0 Never 1 Occasionally – less than 1/week 2 Frequently – more than 1/week 3 Daily	How much of a bother Is your bowel problem to you? 0 No problem 1 Slightly 2 Moderately 3 Greatly
Other symptoms (pain, mucous discharge, rectal prolapse, etc.)		

Prolapse Section

Prolapse sensation Do you get a sensation of tissue protrusion in your vagina/lump/bulging? 0 Never 1 Occasionally – less than 1/week 2 Frequently – more than 1/week 3 Daily	Vaginal pressure of heaviness Do you experience vagina pressure/heaviness/dragging sensation? 0 Never 1 Occasionally – less than 1/week 2 Frequently – more than 1/week 3 Daily	Prolapse reduction to void Do you have to push back your prolapse in order to void? 0 Never 1 Occasionally – less than 1/week 2 Frequently – more than 1/week 3 Daily
Prolapse reduction to defaecate Do you have to push back your prolapse to empty your bowels? 0 Never 1 Occasionally – less than 1/week 2 Frequently – more than 1/week 3 Daily	How much of a bother Is the prolapse to you? 0 No problem 1 Slightly 2 Moderately 3 Greatly	
Other symptoms (problems sitting/walking, pain, vagina bleeding)		

Sexual function Section

Sexually active? Are you sexually active? <input type="checkbox"/> No <input type="checkbox"/> Less than 1/week <input type="checkbox"/> More than 1/week <input type="checkbox"/> Most days/daily	If NOT, why not: <input type="checkbox"/> No partner <input type="checkbox"/> Partner unable <input type="checkbox"/> Vaginal dryness <input type="checkbox"/> Too painful <input type="checkbox"/> Embarrassment <input type="checkbox"/> Other	Sufficient lubrication Do you have sufficient lubrication during intercourse? 1 No 0 Yes
During intercourse vaginal sensation is: 3 None 3 Painful 1 Minimal 0 Normal / Pleasant	Vaginal laxity Do you feel that your vagina is too loose or lax? 0 Never 1 Occasionally 2 Frequently 3 Always	Vaginal tightness/vaginismus Do you feel that your vagina is too tight? 0 Never 1 Occasionally 2 Frequently 3 Always
Dyspareunia Do you experience pain with intercourse: 0 Never 1 Occasionally 2 Frequently 3 Always	Dyspareunia where Where does the pain occur? <input type="checkbox"/> No pain <input type="checkbox"/> At the entrance of the vagina <input type="checkbox"/> Deep inside / in the pelvis <input type="checkbox"/> Both	Coital incontinence Do you leak urine during sex? 0 Never 1 Occasionally 2 Frequently 3 Always
How much of a bother Are these sexual issues to you? 0 No problem at all 1 Slight problem 2 Moderate problem 3 Great problem	Other symptoms (coital flatus or faecal incontinence, vaginismus, etc.)	